





TESTING DATE	2024	TIME:	: (AM / PM )
FIRST NAME		LAST NAME	
CURRENT RANK		TESTING FOR	
E-mail		phone	
Address			

#### APPLICANT OR LEGAL GUARDIAN'S SIGNATURE:

MENTAL ASPECT	TKD KNOWLEDGE (5 AIMS, COUNTING, ATTENTION)	A+, A, B+, B, C+, C
CLEANLINESS & HYGIENE	UNIFORM CLEANLINESS & PERSONAL HYGIENE	A+, A, B+, B, C+, C
	BASIC MOTION	A+, A, B+, B, C+, C
	TAEKWONDO PUNCH	A+, A, B+, B, C+, C
	DOKDO STEP	A+, A, B+, B, C+, C
PHYSICAL AND TECHNICAL ASPECTS	품새(Poomsae) TRADITIONAL FORM (1, 2, 3, 4, 5, 6, 7, 8) 고려(goryo), 금강(Geumgang), 태백(taekbaek)	A+, A, B+, B, C+, C
	KICKING FORM (1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11) Black Belt 1, 2, 3, 4	A+, A, B+, B, C+, C
Applied Skills & Proaking	Nunchucks	A+, A, B+, B, C+, C
Applied Skills & Breaking	BREAKING	A+, A, B+, B, C+, C

#### • SUBMIT BELT PROMOTION FORM & FEE THE DAY BEFORE TESTING

- ARRIVE 20 MINUTES EARLY TO STRETCH, WARM UP AND PRACTICE.
- ALL STUDENTS NEED TO WEAR A CLEAN & IRONED WHITE UNIFORM FOR TESTING. MAKE SURE YOUR FINGER NAILS AND TOES ARE CLEAN AND GROOMED.
- BE SERIOUS, FOCUS AND CONCENTRATE DURING YOUR BELT PROMOTION.

### **PROMOTION FEES**

BLACK BELT (1DAN)	BLACK BELT (2DAN)	BLACK BELT (3DAN)
uniform included	Uniform options	Uniform options
\$350 / Stripe 1, 2 \$150	\$250 / Stripe 1, 2 \$150	\$300 / Stripe 1, 2 \$150

# - special gift

1DAN <all Name Included> : 1. Black Belt Uniform 2. Black Belt 3. Black Belt Certificate(Case) 2DAN, 3DAN <all Name Included> : 1. Black Belt 2. Black Belt Certificate(Case) Optional <all Name Included> : Black Belt Uniform (\$150), Black Belt (\$50), Certificate-Case(\$50)



## US TAEKWONDO & ARCHERY

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